



Continuing Education Program
presents



Sharing the Last Dance

A Professional's Guide to Dealing with Dying

Thursday, January 15, 2004

8:00 am – 4:00 pm

St. Joseph's Center Auditorium

Offering seven CEUs

Purpose of the Seminar To provide professionals with the tools to create enhanced communication and understanding related to the dynamics of loss, grief and dying.

Learning Objectives Upon completion of this conference, participants should be able to:

1. Define the importance of ongoing communication with the interdisciplinary team, patient and family throughout an end of life process.
2. Identify three (3) factors that influence communication in the palliative care setting.
3. Identify three (3) characteristics that patient/families expect of healthcare professionals in caring for them in the hospice setting.
4. Define personal death awareness and cumulative loss associated with professional caregiving.
5. Identify at least three (3) ways to remain emotionally present during the dying process and immediately following the death of a patient.
6. Learn methods to maintain physical, emotional and spiritual health while serving as a caregiver. Participants will be given practical tips on how to utilize a sense of humor and positive attitude as tools in dealing with grief.
7. Provide three (3) interventions that may be appropriate to facilitate normal grief for professionals, patients and families.
8. Define personal death awareness and cumulative loss associated with professional caregiving.
9. Define the importance of recognizing the emotional and spiritual needs of the patient, as well as the physical. Even when facing death, we are entitled to feel joy and the empowering properties of laughter.

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Program Agenda

Morning

- 7:15 – 8:00 Registration/Networking
8:00 – 8:15 Welcome and Introductions
Course Objective Review
8:15 – 9:25 **Slowing Down Time and Embracing the Last Dance**
Ann Hablitzel, RN, BSN, MBA
Hospice Care of California Foundation
9:25 – 10:35 **Staying in Step with Emotions: Genuinely Experiencing Life and Death**
John Bowling, Ph.D
Silverado Senior Living Corporation
10:35 – 10:50 Break
10:50 – 12:00 **Soft Shoe Approach: Dancing with Purpose**
Linda Henley-Smith, MA
For The Good Times

Afternoon

- 12:00 – 12:30 Box Lunch provided
12:30 – 1:40 **Choreographing Losses: Managing Grief So It Doesn't Manage You**
William G. Hoy, BS, M.Div.
Grief Resources
1:40 – 1:50 Break
1:50 – 3:00 **Hospice Referrals: Dancing Around the Medical, Practical and Emotional Barriers to End-of-Life Care**
Paul H. Coluzzi, MD, MPH
Breast Care Center/Oncology Center at St. Joseph Medical Plaza
3:00 – 3:45 **Staying Light on Your Feet**
Linda Henley-Smith, MA
For the Good Times
3:45 pm – 4:00 Course Objective Follow-up
Evaluation and Close

Continuing Education Credit

BBS - LCSW / MFT - Course meets the qualifications for seven (7) hours of continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences. BBS Continuing Education Provider No. PCE 1548.

BRN - The Council on Aging-Orange County [Provider] is approved by the California Board of Registered Nursing, Provider Number CEP 8029 for seven (7) contact hours.

Pending Applications for Continuing Education Credit

NHAP - An application for Course Approval has been submitted the Nursing Home Administrator Program for seven (7) hours of continuing education credit. NHAP Provider Number: CEP1610.

RCFE - A Request for Course Approval has been submitted to the Department of Social Services, Administrator Certification Section for seven (7) hours RCFE Continuing Education credit. Vendor Number: 1000319-740-2.

MCLE - The Council on Aging-Orange County certifies that an application is pending for approval of this activity for MCLE credit for seven (7) hours by the State Bar of California.

Faculty Biographies

■ Paul H. Coluzzi, MD

Oncologist, Breast Care Center, Orange

Born in Los Angeles and graduated with a degree in Religion from the University of Southern California, Dr. Coluzzi received both an MD and Masters Degree in Public Health from Northwestern University in Chicago. He completed a medical residency at UCLA and the VA Hospital in West L.A. and did fellowships first in medical oncology and therapeutics and then hematology and bone marrow transplantation at the City of Hope Medical Center in Duarte, California. He is Board Certified in Internal Medicine, Medical Oncology and currently an Assistant Clinical Professor in the Department of Medicine and Medical Ethics at the University of California, Irvine. Dr. Coluzzi has interests in pain management and medical ethics and has been involved in Hospice care since 1991. He has done research publications and presentations in each of these disciplines. His role as one of the Medical Directors in the oncology department of The Breast Care Center and The Oncology Center allows him to integrate his knowledge and experience to create a place where there is an opportunity for growth and healing.

■ Ann M. Hablitzel, RN, BSN, MBA

Executive Director, Hospice Care of California Foundation

Ms. Hablitzel is the Executive Director/CEO of Hospice Care of California. She has worked in the field of Hospice for 12 years and in Healthcare for 35 years. She is an active member of California State Hospice and Palliative Care Association, currently serving as President-Elect on the Board of Directors and serves as the Regional Representative in Orange & LA County. Ann also serves on the Board of Directors with the Orange County Alzheimer's Association as VP of Programs. She has been on the IRB for Ethics and Research at UCIMC for the past 4 years and has presented on various hospice/palliative care issues at numerous conferences and meetings.

■ William G. Hoy, BS, M.Div.

Executive Director, Grief Resources

Speaking to groups of grieving people and the professionals who care for them in more than 35 cities across the U.S. and Canada every year, William G. (Bill) Hoy is a counselor and educator. In addition to his travel with Grief Resources, the company he started in 1991, Bill directs bereavement services for Pathways, a support center in Long Beach, that annually provides services to more than 800 bereaved adults, children, and teens. Since 1994, he has also taught on the health science faculty at Cypress College. Of particular interest to leaders in homecare services, Bill served five years as director of pastoral care for a southern California-based hospice organization.

■ John Bowling, Ph.D

Silverado Senior Living Corporate

John Bowling is a licensed psychologist serving as Vice-President and Chief Learning Officer for Silverado Senior Living. His organizational focus involves internal leadership development, assessment of learning and communication systems, and recruitment and retention of talent. Dr. Bowling has had teaching appointments at the University of Utah, Texas A&M University, and Westminster College. He has presented and published in a wide array of areas, most recently, a text entitled Geriatric Residential Care (2002), an article on managing stress in the residential care workplace in Assisted Living Today (Jan., 2003), and an article in Contemporary Long Term Care (July, 2003).

■ Linda Henly-Smith, MA

For the Good Times

Linda holds a B.A. and M.A. in education. She has taught thousands how to enjoy a higher level of personal and professional success, by tapping into their inner resources. Drawing upon her experiences as a teacher, counselor, author and trainer, as well as a lifetime in the entertainment business, Linda Henley-Smith provides an amusing and educational outlook on working, living, and surviving. Her programs are presented with humor, music, stories and an energy that is contagious. Linda's memberships include National Speakers Association, National Marketing Association, National Education Association and American Society on Aging. She is former editor of Agewave's Senior Magazine and authors state history newspapers, used in classrooms across the country.

Registration Information

Registration Deadline: December 15, 2003.

How to Register: Please complete the registration form and mail it with fees to:

Council on Aging—Orange County, 1971 E.4th Street, Suite 200, Santa Ana, CA 92705. You may FAX your registration to: (714) 479-0234 if you are paying by credit card. **Early registration is advised, as parking restrictions will limit the number of reservations.**

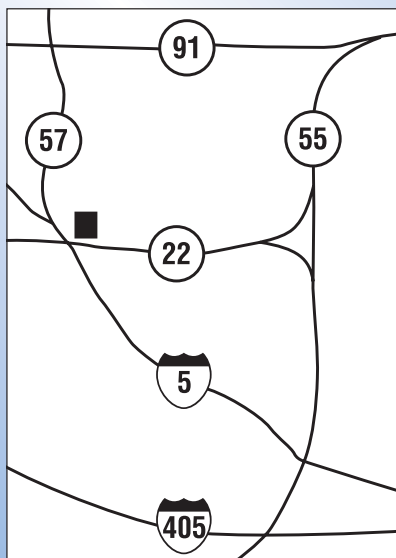
Parking: Please allow yourself enough time to park and walk. Parking is very limited at the St. Joseph Center Auditorium. Please carpool if possible. Additional parking has been arranged across LaVeta Street in the LaVeta Health Care facility for this seminar. There is also parking on Batavia Street — **WATCH THE SIGNS** as there are restrictions. **You will be towed** if you park in the Batavia Woods parking lot across Batavia Street.

Participant Materials: Each participant will receive a set of course materials.

Refund Policy: No refunds will be given after January 12th three (3) working days prior to the seminar, however, an alternative participant is welcomed. Cancellations are subject to a \$20.00 processing fee.

Location

St. Joseph Center Auditorium
480 Batavia Street
Orange, CA 92868



From South County:
5 Fwy north
Exit Main St.,
use right ramp
Right onto Main St.
(north)
Right on La Veta
Left on Batavia
Left at entrance just
north of La Veta

From Los Angeles:
22 Fwy East
Exit Main St., go right
at end of off ramp
Right on Main St.
Right on La Veta
Left on Batavia
Left at entrance just
north of La Veta

See parking instructions above.

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REGISTRATION FORM

Early registration before Dec 1st	\$ 60
Registration Deadline Dec 15th	\$ 75
Registration after Dec 16th	\$ 90
Registration at the door	\$100

CREDIT

7.0 Continuing Education Units will be offered for: BBS, BRN. Credit pending for NHAP, RCFE, CPA-CPE, and MCLE.

(Please circle one)

License # _____

Name _____

Title _____

Agency _____

Address _____

City/State/Zip _____

Phone/Fax _____

Email _____

Enclosed is my check for \$ _____

Charge my credit card \$ _____

Account Number _____

Expiration Date _____

Card Holder Name _____

Signature _____

Check here for vegetarian lunch

REGISTRATION DEADLINE

December 15, 2003

Make checks payable and mail to:
Council on Aging-Orange County
1971 East Fourth Street, Suite 200
Santa Ana, CA 92705
or fax to (714) 479-0234

To charge by phone, call (714) 479-0107

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