



Continuing Education Program
presents



If Not Now, Then When? *Handling Sensitive Family Issues in the Care of the Dying*

Friday, March 26, 2004 • 8:00 am – 4:00 pm
St. Joseph Center Auditorium

Offering six CEUs: BRN, LCSW, MFT, MCLE NHAP, RCFE
This seminar qualifies for the BBS Aging and Long-Term Care
CE requirements.

Purpose of the Seminar: When families come together to assist a dying family member, conflicts sometimes surface and interfere with care. By contrast, dealing with end-of-life concerns can foster emotional growth, strengthen love, and create opportunities for reconciliation and healing. This conference presents strategies for handling sensitive family issues and helping the dying and their families find renewed health and understanding along the way. Teaching methods include lecture, discussion, handouts, and case study analysis.

Learning Objectives: Upon completion of this conference, participants will be better able to:

1. Describe how family of origin issues can resurface and influence the care of dying relatives.
2. Respond appropriately when the wishes of family members conflict with the rights of the dying to self-determination.
3. Describe different family patterns for handling grief and strategies that promote healthy grieving by clients and family members.
4. Work through issues with family members who are reluctant to get involved because of old bitterness and family strife.
5. Assist a highly conflicted family in setting up a plan of care that fosters good communication and emotional growth.
6. Respond to questions about inheritance and other resource concerns without being drawn into family conflicts.
7. Describe how interdisciplinary collaboration can help families plan for the care of aging parents.

If Not Now, Then When?

Handling Sensitive Family Issues in the Care of the Dying

Program Agenda

Morning

- 7:30 – 8:15 Registration/Networking
8:15 – 8:30 **Welcome and Introductions**
Course Objective Review
8:35 – 10:00 **History Repeats Itself:**
Understanding Basic Family Themes
10:00 – 10:20 Break
10:20 – 11:35 **Difficult Family Conflicts:**
Finding Opportunities for Dialogue
and Intervention
11:35 – 12:15 Lunch (provided)

Afternoon

- 12:30 – 2:30 **The Balancing Act:**
Special Needs of Family Members
and the Dying Person
2:30 – 2:45 Break
2:45 – 3:45 **Ethical Dilemmas in**
Intervening with Families
3:45 – 4:00 Course Objective Follow-up
Evaluation and Close

Continuing Education Credit

BBS - LCSW / MFT – Course meets the qualifications for six (6) hours of continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences. BBS Continuing Education Provider No. PCE 2300.

BRN – The Council on Aging-Orange County [Provider] is approved by the California Board of Registered Nursing, Provider Number CEP 8029 for six (6) contact hours.

MCLE – The Council on Aging-Orange County certifies that an application is pending for approval of this activity for MCLE credit six (6) hours by the State Bar of California.

Pending Applications for Continuing Education Credit

NHAP – An application for Course Approval has been submitted the Nursing Home Administrator Program for six (6) hours of continuing education credit. NHAP Provider Number: CEP1610.

RCFE – A Request for Course Approval has been submitted to the Department of Social Services, Administrator Certification Section for six (6) hours RCFE Continuing Education credit. Vendor Number: 1000319-740-2.

For additional information regarding all CEUs, please contact:
Penni McRoberts, CEU Administrator
Telephone: (714) 479-0107, ext. 23
Facsimile: (714) 479-0234
E-mail: pmcroberts@coaoc.org

Presenter



Wendy Lustbader, MSW

Wendy Lustbader, MSW, served for almost 20 years as a mental health counselor at Pike Market Medical Clinic in Seattle. She is a medical social worker who has practiced in a community clinic, home health care, a hospital geriatric unit, and nursing homes. Ms. Lustbader is currently an affiliate assistant professor at the University of Washington School of Social Work, lecturing nationally on topics related to chronic illness, aging, and the needs of family caregivers. She is the co-author of *Taking Care of Aging Family Members: A Practical Guide* and author of *Counting on Kindness: The Dilemmas of Dependency*. Her most recent book is *What's Worth Knowing*, a compilation of the best wisdom she has gleaned from older adults.

Wendy has a Master's degree in Social Work from the University of Washington and a Bachelor's degree in Philosophy/Religion from Wesleyan University. Her affiliations include: Affiliate Assistant Professor, School of Social Work, University of Washington; American Society of Aging; Gerontological Society of America; Editorial Board Member of *Generations* Journal of the American Society on Aging and Consulting Editor of the *Health and Social Work Journal* of the National Association of Social Workers.

An exceptionally capable practitioner and trainer, Ms. Lustbader is known for the insight, inspiration, humor, and the caring she brings to her teaching and clinical practice. For more information about Ms. Lustbader, visit www.lustbader.com.

Registration Information

Registration Deadline: March 17, 2004.

How to Register: Please complete the registration form and mail it with fees to:

Council on Aging—Orange County, 1971 E. 4th Street, Suite 200, Santa Ana, CA 92705. You may FAX your registration to: (714) 479-0234 if you are paying by credit card. **Early registration is advised, as parking restrictions will limit the number of reservations.**

Parking: Please allow yourself enough time to park and walk. Parking is very limited at the St. Joseph Center Auditorium. Please carpool if possible. Additional parking has been arranged across LaVeta Street in the LaVeta Health Care facility for this seminar. There is also parking on Batavia Street—**WATCH THE SIGNS** as there are restrictions. **You will be towed** if you park in the Batavia Woods parking lot across Batavia Street.

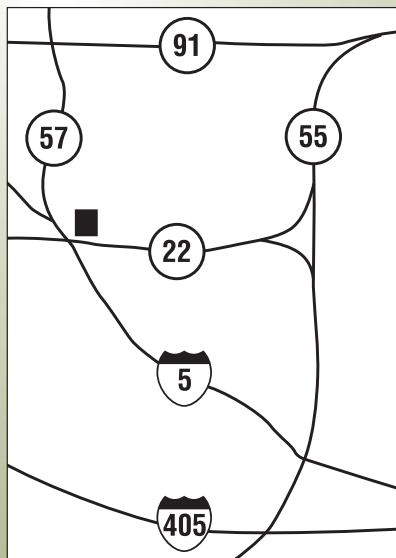
Participant Materials: Each participant will receive a set of course materials.

Refund Policy: No refunds will be given after March 22nd, three (3) working days prior to the seminar, however an alternative participant is welcomed. **Cancellations are subject to a \$20.00 processing fee.**

Registration Form: On-site check-in will begin forty-five (45) minutes prior to the seminar.

Location

St. Joseph Center Auditorium*
(corner of LaVeta and Batavia)
480 Batavia Street
Orange, CA 92868



From South County:
5 Fwy north
Exit Main St.,
use right ramp
Right onto Main St.
(north)
Right on La Veta
Left on Batavia
Left at entrance just
north of La Veta

From Los Angeles:
22 Fwy East
Exit Main St., go right
at end of off ramp
Right on Main St.
Right on La Veta
Left on Batavia
Left at entrance just
north of La Veta

*The St. Joseph Center Auditorium is not located at St. Joseph Hospital. It is east of the hospital, behind the Sister's Motherhouse.

See parking instructions above.

If Not Now, Then When?

March 26, 2004

8:00 am – 4:00 pm

REGISTRATION FORM

Early registration before March 5 \$ 60
Registration Deadline March 17th \$ 75
Registration at the door \$100

Fees include cost of conference, light refreshments, lunch and materials and 6.0 CEUs. **Add \$20 for dual discipline certificates.**

CREDIT

6.0 Continuing Education Units will be offered for: *(please circle one)* LCSW, MFT, RN, MCLE. Credit pending for NHAP, RCFE.

License # _____

Name _____

Title _____

Agency _____

Address _____

City/State/Zip _____

(circle one: home or office)

Phone/Fax _____

Email _____

Enclosed is my check for \$ _____

Charge my credit card \$ _____

Account Number _____

(circle one: Visa or MasterCard)

Expiration Date _____

Card Holder Name _____

Signature _____

Check here for vegetarian lunch

REGISTRATION DEADLINE

March 17, 2004

Make checks payable with completed form and mail to:
Council on Aging—Orange County
1971 East Fourth Street, Suite 200
Santa Ana, CA 92705

For more information call (714) 479-0107
To charge by fax: (714) 479-0234

**If Not Now,
Then When?**

Friday, March 26, 2004
8:00 am – 4:00 pm

Offering six CEUs:
BRN, LCSW, MFT,
MCLE NHAP, RCFE



If Not Now, Then When?
*Handling Sensitive Family Issues
in the Care of the Dying*

Friday, March 26, 2004

8:00 am – 4:00 pm

St. Joseph Center Auditorium

(corner of LaVeta and Batavia behind the Sister's Motherhouse)

Offering six CEUs:

BRN, LCSW, MFT, MCLE NHAP, RCFE