



Health Care Agency

**COUNCIL
ON AGING**
ORANGE COUNTY



CALIFORNIA STATE UNIVERSITY, FULLERTON
The Institute of Gerontology



Repeat Production!

Coming Out of the Closet: **Summit on Hoarding in Orange County**

September 29, 2004 • 8:00 a.m.–3:45 p.m.
Costa Mesa Neighborhood Community Center

Offering six CEUs: BRN, LCSW, MFT, MCLE, NHAP, RCFE, EMS, PhD

Due to overflow attendance on June 3rd, the seminar is being repeated!

Purpose of the Seminar

Hoarding is recognized as both an individual mental health issue and a public health problem. Hoarding causes safety and health hazards, and impacts families, neighbors, and many different community, district, city and county resources. This seminar is for service providers including fire and code enforcement officials, senior housing representatives, animal control personnel, health, social and senior service workers who encounter hoarding behaviors during the course of fulfilling their professional responsibilities.

Conference Goals

- Raise awareness of the problem of hoarding
- Examine the extent of the problem in Orange County
- Discuss various methods of intervention
- Reduce stigma associated with people who suffer this disorder
- Explore traditional and non-traditional resources
- Build collaborative relationships between agencies in order to maximize resources
- Determine if there is a need for an ongoing task force on hoarding

Learning Objectives

Upon completion of this conference, participants will be better able to:

- 1) Define hoarding behavior and differentiate between hoarding, cluttering, and general environmental neglect
- 2) Explain self perceptions of hoarders and how to use self perception as an avenue of intervention
- 3) Be aware of transference issues and their potential negative effects on helping hoarders
- 4) Discuss numerous types of intervention methods
- 5) Identify community resources

Coming Out of the Closet: Summit on Hoarding in Orange County

PROGRAM AGENDA

- 7:30 A.M.–8:00 A.M.** **Registration, Networking & Continental Breakfast**
- 8:00 A.M.–8:15 A.M.** **Welcome/Overview of Objectives**
- 8:15 A.M.–9:45 A.M.** **“Human Hoarding Behavior: Improving Outcomes”**
Jonnae Ostrom, LCSW
Therapist in Private Practice
- 9:45 A.M.–10:00 A.M.** **Break**
- 10:00 A.M.–11:00 A.M.** **“Pack Rat Syndrome–The New Role of Code Enforcement Officers”**
Dennis Bogard, Fire Inspector II
Los Angeles Fire Department
- 11:00 A.M.–11:30 A.M.** **“Home as a Sacred Space”**
Roseanne Kotzer, MSW, ACSW
Geriatric Advocate, Educator and Consultant
- 11:30 A.M.–12:15 P.M.** **Hosted Lunch**
- 12:15 P.M.–12:45 P.M.** **“Prosecuting Hoarders”**
Greg Palmer, Esq., City Attorney
- 12:45 P.M.–1:15 P.M.** **Animal Hoarding**
County of Orange Health Care Agency,
Animal Care Services
- 1:15 P.M. – 1:45 P.M.** **“Helping Hoarders Organize”**
Jane Reifer
National Association of Professional Organizers
- 1:45 P.M. – 2:00 P.M.** **Break**
- 2:00 P.M. – 2:30 P.M.** **Panel “Recovering Hoarders”**
- 2:30 P.M. – 3:00 P.M.** **Resource Panel**
Adult Protective Services • Older Adult Services
Vector Control • Senior Health Outreach & Prevention Program
- 3:00 P.M.–3:30 P.M.** **Presenter’s Panel: “Questions and Answers”**
- 3:30 P.M.–3:45 P.M.** **“When a Little is Not Enough”**

CONTINUING EDUCATION CREDIT

BBS-LCSW/MFT—Course meets the qualifications for six (6) hours of continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences. BBS Continuing Education Provider No. PCE 2300.

BRN—The Council on Aging-Orange County [Provider] is approved by the California Board of Registered Nursing, Provider Number CEP 8029 for six (6) contact hours.

EMS—The course is approved for pre-hospital care providers for 6.0 contact hours. The OCEMS provider number is 30-0001.

Six CE credits are available for psychologists - The County of Orange Health Care Agency is an approved provider of continuing education credits for the American Psychological Association. The Orange County Health Care Agency maintains responsibility for the programs.

Pending Applications for Continuing Education Credit

NHAP—An application for Course Approval has been submitted to the Nursing Home Administrator Program for six (6) hours of continuing education credit. NHAP Provider Number: CEP1610.

RCFE—A Request for Course Approval has been submitted to the Department of Social Services, Administrator Certification Section for six (6) hours RCFE Continuing Education credit. Vendor Number: 1000319-740-2.

MCLE—The Council on Aging-Orange County certifies that an application is pending for approval of this activity for MCLE credit (6) hours by the State Bar of California.

For additional information regarding all CEUs, please contact: Penni McRoberts, CEU Administrator—Telephone: (714) 479-0107; pmcroberts@coac.org

FACULTY BIOGRAPHIES

– Dennis Bogard –

Inspector Bogard has been with the Los Angeles Fire Department for 34 years. He was a Paramedic for 26 years prior to assuming his current responsibilities as Hazardous Refuse Abatement Coordinator. Inspector Bogard’s program has gained national recognition through his successful work with individuals with hoarding disorder. He currently is monitoring about 900 hoarding situations throughout the city. He works closely with the Los Angeles Department of Housing, The Department of Building and Safety, LA Co. Health, LA Co. Mental Health (GENESES Program) and other agencies throughout the city, and state in dealing with those affected with the hoarding disorder.

– Roseanne Kotzer, MSW, ACSW –

Ms. Kotzer received her Master’s Degree from the Boston University School of Social Work where she majored in Community Organization and Group Work, with a minor in Casework. She has worked, professionally, as a social work clinician, college instructor and trainer since 1966. Her advocacy efforts, on behalf of older adults with behavioral health issues include memberships on a variety of key county/community committees and Boards. She is on the teaching faculty of the American Society on Aging and is principle of Kotzer Health Consulting, specializing in training, advocacy and public speaking.

– Jonnae Ostrom, LCSW –

Ms. Ostrom is one of the first professionals to take a closer look at human hoarding behavior having coauthored an article published in 1990 in Psychology Today titled “Pack Rats: World Class Savers.” Ms. Ostrom has worked with hundreds of hoarders and their family members and facilitated support groups for savers. She has lectured and presented in-service program on hoarding behavior for therapists, county health departments, code enforcement, fire departments and the general public. In addition to her private practice, she is the Associate Director Clinical Services for the Orange Caregiver Resource Center, serving caregivers of brain-impaired adults.

– Gregory P. Palmer, JD –

Mr. Palmer has acted as an Assistant City Prosecutor for 10 cities in Southern California. In addition to his expertise in the field of code enforcement prosecution, he has also lectured to groups on other topics such as civil liability, sexual harassment and excessive force and discipline. Before entering the practice of law, Mr. Palmer was a police officer for 10 years in La Palma. In 1998, Mr. Palmer and the members of the Buena Park Neighborhood Improvement Task Force were nominated for the Orange County Human Relations Commission’s Community-Oriented Policing Award. Mr. Palmer is a member of the law offices of Jones & Mayer, a firm that specializes in providing counsel to public entities throughout California.

– Jane Reifer –

Ms. Reifer is founder and owner of Clutter Control Organizing Services (CCOS), a private company in Fullerton that provides hands-on organizing consultations for businesses and individuals throughout Southern California. Ms. Reifer’s specialties include business and residential paperwork, and severe clutter (“hopeless” cases). Frequently her goal is to reduce stress caused by clutter and feelings of being overwhelmed, and to assist in preventing job loss, rental evictions and house condemnations. She has been a member of the National Association of Professional Organizers (NAPO) since 1991 and has been the Vice President (1995–1997) and Program Director (1993–1995) of the Los Angeles Chapter of the NAPO. She is the founder of the Organizers Network of Orange County, which she organized in 1995.

REGISTRATION INFORMATION

Registration Deadline: September 15, 2004. Registration will be available at the door subject to seating availability. Seating is limited! Early Registration is advised.

How to Register: Please complete the registration form and mail it with fees to: Council on Aging—Orange County, 1971 E. 4th Street, Suite 200, Santa Ana, CA 92705.

You may FAX your registration to: (714) 479-0234 if you are paying by credit card.

Participant Materials: Each participant will receive a set of course materials.

Refund Policy: No refunds will be given after September 24, three (3) working days prior to the seminar, however an alternative participant is welcomed. Cancellations are subject to a \$20 processing fee.

Registration: On-site check-in will begin thirty (30) minutes prior to the seminar.

Registration and Continuing Education Fees:

Registration on or before September 15: \$25 per person/\$75 with CEUs
Registration after September 15: \$45 per person/\$95 with CEUs
Add \$20 for dual discipline certificates.

Fees include cost of the conference, parking, continental breakfast, box lunch, afternoon snack and materials.

REGISTRATION FORM

Registration Deadline: September 15 \$25
Registration after September 15: \$45
Six (6) hours of Continuing Education Units \$50 \$50

will be offered for:

(Please circle one) LCSW MFT RN MCLE EMS PhD

Credit pending for NHAP and RCFE

Dual Discipline Certificates \$20 \$20

Total Fee Included: \$ _____ \$ _____

License # _____

Name _____

Title _____

Agency _____

Address _____

City/Zip _____

Business Phone _____ Fax _____

Email: _____

Enclosed is my check for \$ _____

(or to charge by fax 714-479-0234)

Credit Card Type: Mastercard Visa

Account Number _____

Expiration Date _____

Card Holder Name _____

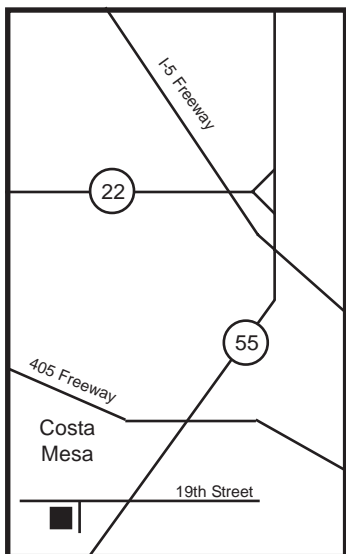
Signature _____

Vegetarian Lunch requested.

Do **NOT** list my name/title/agency/business phone number on the list of registrants which will be distributed to workshop attendees.

LOCATION

Costa Mesa Community Center
1845 Park Avenue
Costa Mesa, California



Map not to scale

From South County:

405 or 5 freeway north to 55 west.

Right on 19th Street to Park (2 blocks).

Left on Park.

Right into the Center (next to fire station).

From Los Angeles:

5 freeway south to 55 west or 405 freeway south to 73 south to 55 freeway west.

Right on 19th to Park (2 blocks).

Left on Park.

Right into the Center parking lot (next to fire station)

REGISTRATION DEADLINE - SEPTEMBER 15, 2004

Make checks payable with completed form and mail to:

Council on Aging—Orange County
1971 East Fourth Street, Suite 200
Santa Ana, CA 92705

For more Registration information call:

(714) 479-0107

To charge by fax:

(714) 479-0234

Questions concerning the conference call:

Mark Odom, LCSW
(714) 972-3700

County of Orange
Health Care Agency
Older Adult Services
P.O. Box 355
Santa Ana, CA 92702

Repeat Production!

Coming Out of the Closet:
**Summit on Hoarding
in Orange County**
September 29, 2004
8 a.m.–3:45 p.m.
Offering six CEUs:
BRN, LCSW, MFT,
MCLE, NHAP, RCFE, EMS, PhD

Repeat Production!

Coming Out of the Closet:

Summit on Hoarding in Orange County

September 29, 2004 • 8 a.m.–3:45 p.m.

Costa Mesa Neighborhood Community Center
1845 Park Avenue in Costa Mesa

Offering six CEUs: BRN, LCSW, MFT, MCLE, NHAP, RCFE, EMS, PhD