

A ROADMAP
for the
SANDWICH
GENERATION

Mission

The Council on Aging - Orange County promotes the independence, health, and dignity of older adults through compassion, education, and advocacy.

Vision

Through the efforts of the Council on Aging - Orange County, our community will realize a better aging experience in which older adults are treasured, and everyone can find solutions to the aging issues they face.

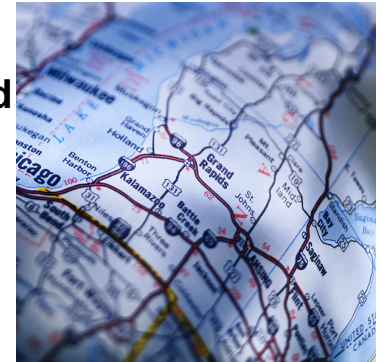
Values

- Compassion
- Integrity
- Quality
- Responsibility

The Council on Aging-Orange County and the Caregiver Resource Center, a program of St. Jude Medical Center is currently offering monthly meetings to help you map out your Care Giving Journey.

What You Will Learn

- **Develop a Plan of Care: Getting Organized**
- **Legal and Financial Issues**
- **Care giving Emotions**
- **End of Life Issues**
- **Health Insurance**
- **In-Home Care Management**
- **Assisted Living and Skilled Nursing Facilities**



This seminar is designed to help you and other family members discuss and create a care giving plan for yourself or an aging parent, other relative, close friend or neighbor. The Council on Aging-Orange County can guide you on this journey.

WHEN:

The Second Saturday Monthly
This Month: April 9th

TIME:

10:00 am to Noon

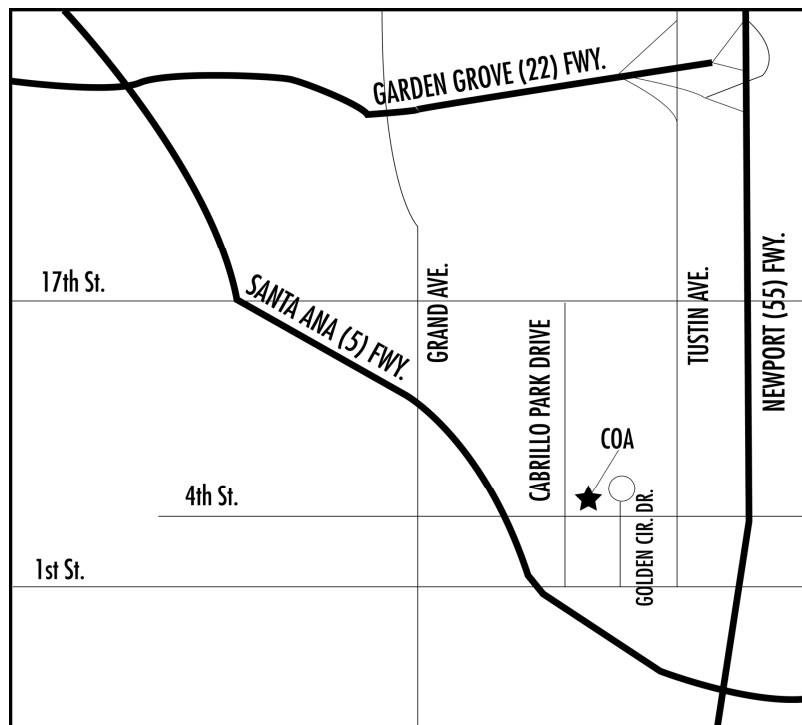
WHERE:

Council on Aging-Orange County
1971 East 4th Street, Suite 200
Santa Ana, CA 92705

Bring a Friend!

Please call to Confirm DATES and RSVP
(714) 479-0107 ext 258

A \$20 donation is suggested but all are welcome!
Please make all donations payable to:
Council on Aging - Orange County
TAX ID # 95-2874089



DIRECTIONS

FROM THE NORTH: Take Interstate 5 (Santa Ana Freeway) South to the 4th Street Exit. Turn left, proceed over freeway. Turn left on Cabrillo (1st stop light after freeway). Turn right at first driveway on right. Drive through the parking lot to the 2nd building on your right. We are located on the 2nd floor.

FROM SOUTH COUNTY: Take Interstate 5 (Santa Ana Freeway) North to the 4th Street Exit. Merge onto 4th Street and immediately move to the left lane. Turn left on Cabrillo (1st stop light after freeway). Turn right at first driveway on right. Drive through the parking lot to the 2nd building on your right. We are located on the 2nd floor.

FROM THE EAST: Take the "91" Riverside Freeway West. Merge toward the left & continue to the "55" Newport Beach Freeway South. Exit at 4th Street, turn right. Proceed on 4th Street to Cabrillo (last street before the "5" freeway). Turn right on Cabrillo Park Drive. Turn right at first driveway on right. Drive through the parking lot to the 2nd building on your right. We are located on the 2nd floor.

FROM THE WEST:

Take "22" Garden Grove Freeway East; Exit at Tustin Ave turning south, continue to 4th Street, turning right. Proceed on 4th Street to Cabrillo Park Drive (last street before the "5" freeway) turn right. Turn right at first driveway on right. Drive through the parking lot to the 2nd building on your right. We are located on the 2nd floor.

Preserving health and financial dignity through education and advocacy since 1973

The Council on Aging–Orange County is a private non-profit 501 (c) (3) corporation, serving more than 75,000 individuals each year.